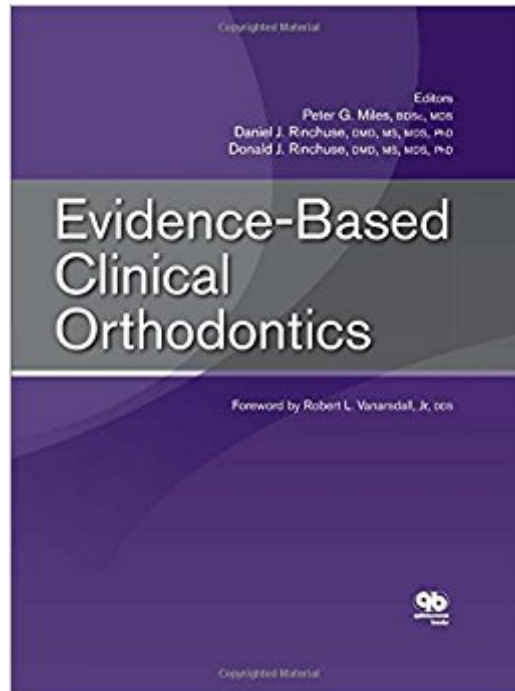




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Evidence-Based Clinical Orthodontics



Synopsis

Despite the ever-expanding array of orthodontic journals and textbooks available today, too many clinical decisions are based on either anecdotal evidence or the espoused treatment philosophy of the current luminary of the lecture circuit. The authors of this book take an unbiased approach to orthodontics by systematically reviewing the relevant clinical literature and analyzing the scientific evidence to help practitioners select the most effective and efficient modes of treatment. Each chapter addresses a specific topic by summarizing the literature, critically reviewing the evidence, and offering impartial recommendations that can be adopted by clinical practitioners. Topics include Class II and Class III malocclusions, wires and wire sequences, dental asymmetries, causes of root resorption, and retention strategies, among others. This timely text enables busy clinicians to acquire knowledge of the current literature and apply evidence-based orthodontics in their practices.

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Book Information

Hardcover: 220 pages

Publisher: Quintessence Pub Co; 1 edition (September 28, 2012)

Language: English

ISBN-10: 0867155647

ISBN-13: 978-0867155648

Product Dimensions: 11.2 x 8.6 x 0.7 inches

Shipping Weight: 2.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #1,885,377 in Books (See Top 100 in Books) #63 in Books > Textbooks > Medicine & Health Sciences > Dentistry > Orthodontics #108 in Books > Medical Books > Dentistry > Orthodontics #567 in Books > Textbooks > Medicine & Health Sciences > Dentistry > General

Customer Reviews

This is a very well-written review of many of the important aspects of orthodontics. It discusses topics that are essential for any dental professional who ventures outside what they are taught in dental school, as many myths create fear in the uninformed. The section on ortho-induced apical shortening and accelerated orthodontics are excellent and could easily be used to move a dentist to a higher level of service with confidence.

This is a great book that provides the most recent and highest quality evidence available for most of the major orthodontic topics. Unlike some other orthodontic texts that "cherry pick" research studies that fit the opinions of the authors, EBCO uses only high level studies (systematic reviews, RCTs, Meta-analyses, etc) to discuss how the literature and evidence should guide our decision making. The authors present the material in a way that is easy to follow with summary bullet points and conclusions at the end of each chapter. If you're looking for a text that is supported by quality evidence and literature, then you need this book.

This was a great read. Highlighted some nice evidence-based tips to take away and apply in clinical practice. Well worth the read for an update on contemporary principles.

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